

Special Opportunities for SAT Prep/Computer App II and Wellness 11 classes

All 11th graders who would like to make room in their schedules to concentrate on other classes of interest or allow for college level work have the opportunity to take SAT Prep/Comp App II and/or Wellness outside the traditional classroom setting.

SAT Prep/Computer Applications II Summer Course Requirements

Students interested in taking the SAT Prep and Comp App II classes outside the traditional classroom setting may take it **DURING THE SUMMER PRIOR TO THEIR JUNIOR YEAR**. Both parts must be taken, and if either part isn't finished, the student will be placed into the SAT Prep/Computer App II class in the fall.

The course work requirement for the SAT Prep portion of the class can be met by taking an SAT Prep class during the summer prior to the junior year. This can be done free of charge through Fairview's e2020 computer program or by a student paying for a private SAT Prep class. Instructions for enrolling in Fairview's e2020 program are available in the guidance office. Students who take a class at their own expense must provide documentation that the class was successfully completed.

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The course work for the Computer Applications II portion of the class will also be completed over the summer prior to the junior year. The information can be picked up in the high school guidance office or can be accessed through the high school website under Summer Assignments. The teacher from FHS will evaluate the assignments that each student has produced via a meeting in which he/she will look at the students' work on the computer. ***A grade will be provided for both SAT Prep and Computer Applications II.***

A teacher will be assigned the task of evaluating the work done by the students. All completed assignments must be brought in to school IN DIGITAL FORM and the teacher will meet with each student individually during the ***first two weeks of school*** to discuss each component of the assignment and allow the teacher to see the work on a computer. Any questions should be referred to the Guidance Office.

Wellness 11 Course Requirements

There are alternatives to the Wellness 11 class held during the school year. First, the class has been renamed Wellness 11/12. Therefore, students have the option of taking their Wellness 11/12 class during their junior or senior year. The other option requires the student to complete 80 hours of athletic activity and earn CPR certification **PRIOR TO THE BEGINNING OF THEIR SENIOR YEAR**. Students who are interested in this program will sign up when they are scheduling for their junior year classes.

It is recognized that students who are involved in athletic teams are practicing many of the skills taught in the Wellness 11/12 class and should receive some recognition for their commitment to healthy living. Students who are active participants in one Fairview athletic team, marching band, cheerleading and/ or the dance team could earn 20 hours with each subsequent sport earning an additional 20 hours. Only actual practice or competition hours will be counted. Travel time, waittime at tournaments, eating, etc. do not count toward the 20 hours. In addition, student athletes could earn an additional 20 hours if they participate in out-of-season activities, such as open gyms, weight training, tournaments etc. A one-sport athlete could earn a total of 40 hours, two-sport athletes could earn a total of 60 hours and three-sport athletes could earn a total of all 80 hours if they document the out-of-season

conditioning.

Students who are not participants on a Fairview sports team are still eligible to complete the 80 hours of physical activity. It is required that at least three different types of activities be demonstrated.

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Hours can be earned in a variety of ways. Some ways to complete the required 80 hours of physical activity could include time in open gym, supervised weight conditioning, yoga, aerobic or martial arts classes, supervised training for and participation in a marathon or bike race and non-Fairview sponsored sports camps or private lessons. Other options can be discussed individually.

In addition to the above 80 hours, proof of CPR certification is required. Students can begin documenting their hours the summer before their junior year and continue during their junior year and the summer before their senior year. All documentation must be turned into the guidance office at least a week before the first student day of school the students' senior year. **Students who have not completed all 80 hours by the beginning of their senior year will be enrolled in the Wellness 11/12 class.**

Students who are interested in completing their Wellness 11/12 outside of the classroom must complete a form that is available in the guidance office and on the website before the outside activities begin. The students will be required to list the anticipated activities and the estimated amount of time they expect to participate in each activity. The form will include signatures from all coaches and/or supervisors who will be overseeing the students' work. Also, parents and the principal must agree to the program.

When the hours have been completed, a final accounting of hours will also be required by the coach/supervisor. ***The Wellness class will be pass/fail.***